

# PMTO MICHIGAN

## Seasons of Change

Building Capacity for Implementation of PMTO

## THE START

- Jim Wotring, MSW  
Michigan Department of Community Health
- Marion S. Forgatch, Ph.D.  
Oregon Social Learning Center
- Kay Hodges, Ph.D.  
Eastern Michigan University

## Pre-Adopters

- Easter Seals of Michigan, Oakland County, Michigan
- Kalamazoo Community Mental Health & Substance Abuse Services, Kalamazoo Michigan
- Pathways Community Mental Health, Marquette Michigan

2004:

- The first group of 12 PMTO Specialists started training.
- Out of a group 12, 6 Specialists achieved certification.

2006

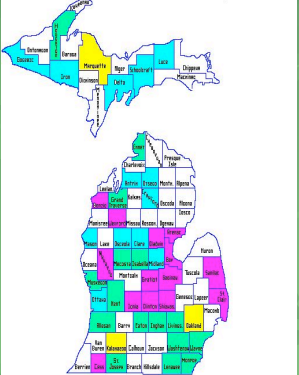
- First State training of two cohorts.
- 20 Trainees started and 18 are certified!

2007

- Pre-Adopters and Generation 1 begin training PMTO therapists in Michigan.
- 4 trainings in 4 regions.
- 53 future therapists in training.

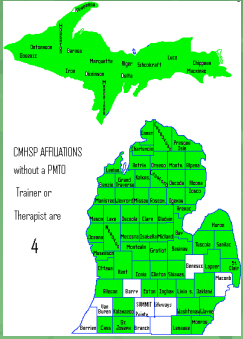
### Today

- 40 additional future therapists began training in 4 regions.
- 8 trainings involving 465 families during the training process
- At the end of the 2 cycles of training, 93 generation 2 trainees will be certified in PMTO.



### Infrastructure Development

- State Coordinator
- Regional coordinators
- Data base and video streaming
- Block Grant funding
- Developing a road map for PMTO



### Dissemination Structure

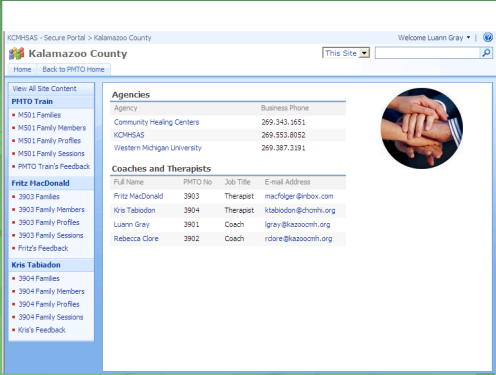
- State coordination including use of statewide meetings.
  - Development of 6 regions in the state, each region with a coordinator.
  - Development of a matrix that will outline the roles in Michigan.
  - Development of a data base.
  - Development of a State Certification Team.
  - Regular/frequent coordination with the State of Michigan, Oregon, Regional coordinators, and trainers.
- Site visits to all trainings to monitor fidelity & support.
- Community presentations.
- Regional Coordinators:
  - Implementation/trouble shooting
  - Trainings
  - Coaching groups for therapists and trainers
  - Monitor Fidelity

### Outcomes, Fidelity, and Sustainability

- Assessments:
  - CAFAS: The Child & Adolescent Functional Assessment Scale
  - CGWL: The Caregivers Wish List
  - FIT: Family Interactions Tasks
- Video Recording of Sessions:
  - Trainees always tape family sessions
  - Trainers always tape training sessions
- All participants in PMTO; which includes Therapists, Coaches, and Trainers, will be certified and re-certified annually for fidelity by the State.

### Lessons learned

- Coaching, fidelity, and commitment to evidence-based practice are the most important parts.
- Cultivate support & buy-in:
  - Top-down within agencies
  - From potential trainees
  - From community members
- Train therapists who work with families and that want to receive training.
- Decrease trainees case load by .2 FTEs during training.
- It costs to have an evidence based practice and to sustain the practice. \* there is also a high cost of providing ineffective treatment...



Kalamazoo County

Agencies

Agency	Business Phone
Community Healing Centers	269.243.1651
ICMHSAS	269.553.8052
Western Michigan University	269.387.3191

Coaches and Therapists

Full Name	PMTO No.	Job Title	E-mail Address
Fritz MacDonald	3903	Therapist	macfdlgr@icmhs.org
Kris Tabadon	3904	Therapist	ktabodon@icmhs.org
Luann Gray	3901	Coach	lgray@kalamazoomi.org
Rebecca Clore	3902	Coach	rdore@kalamazoomi.org

Attach File \* indicates a required field

Session No \* [A-Z] Please enter a 1, 2, 3, ...

Family \* [A-Z]

Session Start Time [7/14/2008] [5 PM] [00]

Session End Time [7/14/2008] [7 PM] [00]

Main Topic

Present [A | A | B | Z | U | [Rich text editor]

Session Goals [A | A | B | Z | U | [Rich text editor]

What went well [A | A | B | Z | U | [Rich text editor]

Feedback [A | A | B | Z | U | [Rich text editor]

Questions [A | A | B | Z | U | [Rich text editor]

Assignments [A | A | B | Z | U | [Rich text editor]

Next Session Goals [A | A | B | Z | U | [Rich text editor]

Homework call [A | A | B | Z | U | [Rich text editor]

Other comments [A | A | B | Z | U | [Rich text editor]

video [Link the Web address. Click here to test.] [Rich text editor]

PMTO Training > Training Feedback > New Item

### Training Feedback: New Item

Session ID [Dropdown] Please note: This is the record number from the ID column in PMTO Family Sessions

Knowledge [Rich text editor]

Structure [Rich text editor]

Teach [Rich text editor]

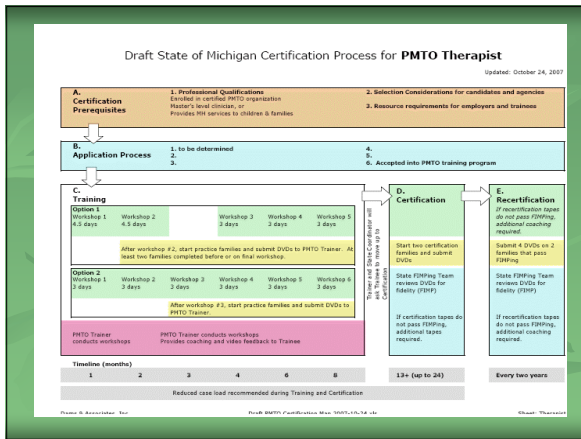
Process [Rich text editor]

Overall [Rich text editor]

Additional Comments [Rich text editor]

Unused [Rich text editor]

OK Cancel



	PMTO Therapist	PMTO Coach	PMTO FIMFing	PMTO Trainer	PMTO Consultant
<b>A. Certification Prerequisites</b>					
<b>1. Professional qualifications</b>	Master's level clinician or Provides mental health services to children and families	Same	Master's level clinician required and Provides mental health services to children and families	Master's level clinician required and Provides mental health services to children and families	Master's level clinician required and Provides mental health services to children and families
		Certified PMTO Therapist	Same	Certified PMTO Therapist and certified Coach	Certified PMTO Therapist and certified Coach Strong in FIMFing
		Suggested two to three years of child/family experience	Same	Preferred two to three years of child/family experience	Preferred two to three years of child/family experience
<b>2. Selection considerations</b>	See p. 1	Being developed (Luann)	Being developed (Luann)	Same as Coach Comfortable in front of an audience Good public speaking ability	Same as Trainer Develop Consultant-specific selection considerations, if any

